



## **Walking safari clothing and equipment**

Safari dress is casual and your wardrobe does not require any “special purchase” items. Most people wear shorts and a t-shirt during the day and long sleeved shirts and long pants in the evening. If you are particularly sensitive to the sun, wear a loose, long-sleeved cotton shirt during the day. In a few areas, it can get quite chilly at night. It is preferred that your daytime clothing be in neutral colors to blend in with the surroundings.

### **GENERAL SAFARI CLOTHING:**

- 1 warm sweater or fleece jacket
- 1 lightweight waterproof jacket or parka
- 1 pair walking shoes, tennis, or running shoes
- 1 bandanna (many uses)
- shade hat with wide brim or baseball cap
- 1-2 pairs of sturdy cotton shorts
- 2 pairs of lightweight cotton pants
- 1 skirt or dress slacks for hotel evenings
- 2 long-sleeved shirts
- 1 pair sandals, Tevas, or rubber thongs (great for camp showers)
- 4-6 short-sleeved shirts or t-shirts
- plenty of changes of underwear and some warm socks for evening.
- 1 bathing suit (optional)

### **GENERAL SAFARI EQUIPMENT**

- 1 duffle bag
- 1 small padlock to lock suitcase or duffle
- 1 daypack
- wide-mouth plastic water bottle, minimum 1 qt. Capacity
- toilet kit including biodegradable shampoo and soap
- plenty of sunscreen
- flashlight (head lamps are great) with spare batteries
- nylon stuff sacks or plastic bags to organize clothes, laundry, and other items in your duffle
- pocket knife
- thin, quick-drying washcloth ( a small towel is provided)
- binoculars, essential for good wildlife viewing

### **WALKING SAFARI SPECIFIC ITEMS**

- A sturdy daypack with some back support that can carry two one liter water bottles, extra clothes for wind or rain, cameras and binoculars.
- Lightweight hiking boots or “approach” shoes that are comfortable
- Gaiters, preferably short ankle height, to prevent dirt and grass seed from getting in your boots and socks
- 3-5 pr extra socks, lightweight wool socks are ideal
- Extra one liter water bottle or water bag such as a “Camelback”
- Walking sticks or poles (optional)

- Moleskin and second skin for blister treatment.

## **OPTIONAL ITEMS**

- camera, film, and spare batteries.
- paperback reading and writing material (keep weight at a minimum)
- travel clock or watch
- snacks: trail mix, nuts, hard candies, decaf beverages, powdered electrolyte replacement drink mixes such as Gatorade
- clip-on book light

In hotels, you may find 240 volt AC/55-cycle current—you will need to bring an adaptor for your appliances.